

# BALPIL™ TEST

(best viewed with 1024 x 768 pxl screen or bigger)

How balanced are YOU (spiritually + intellectually + socially + physically)? Find out NOW.

- 1. Personal Information
- 2. Spiritual Side
- 3. Intellectual Side
- 4. Social Side
- 5. Physical Side
- 6. Goal Setting

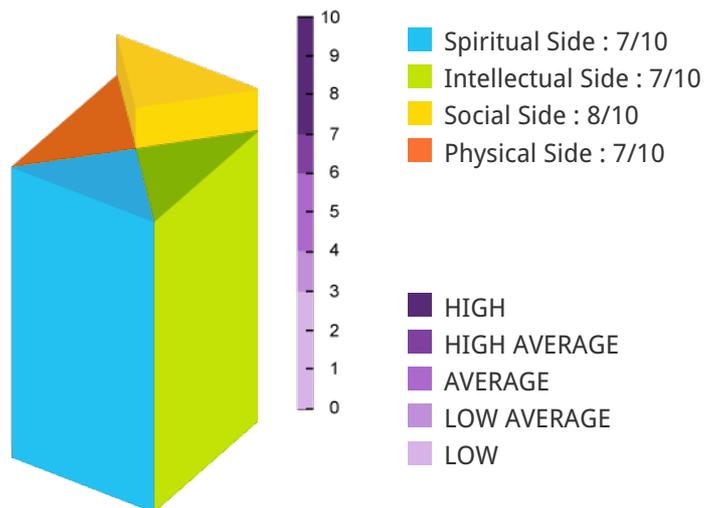
## Balpil™ Test Results

### Your Profile

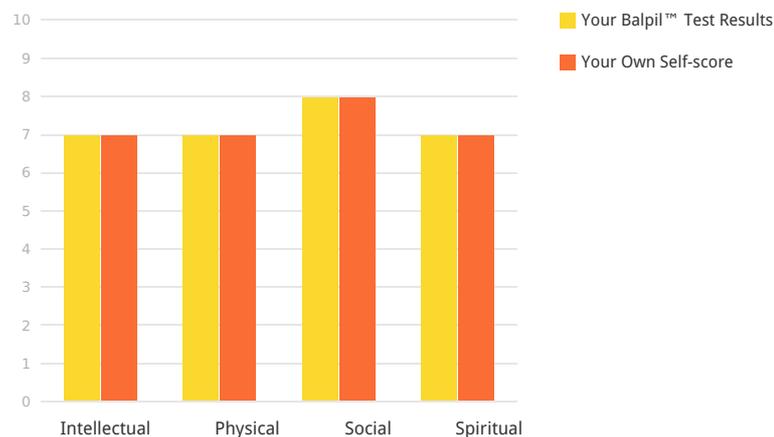
Name : Martha  
Date Of Test : 21 September 2016  
Age Range : 17-20 years old

### Analysis of Your Personal Scorecard Pillar

Your Personal Balance Profile, in Graphical format



Comparing Balpil™ Test actual test results and your Self-scoring



Conclusion

## Your PSP (Personal Scorecard Pillar) is not balanced.

### *Intellectual Potential*

## Intellectual potential is HIGH ,according to your PSP (Personal Scorecard Pillar) diagram.

**Description :** The Intellectual Potential result is different from your Intellectual test scores.

The former indicates your readiness to achieve better intellectual level.

Intellectual Potential can also be classified as a guide for potential intelligence, based on the Balpil™ Test measurement tool, which include a basic assessment of mathematical logic, memory, general knowledge, verbal ability and imagination.

\*Intellectual potential does not necessarily correlate with IQ (Intelligence Quotient). The result herein is part of a proprietary Balpil™ Test measurement tool.

### *Your Strengths*

#### • Social Side

**Description :** "Your strengths" is the highest side(s) based on the analysis of Balpil™ Test.

### Explanation of Each Side

## SPIRITUAL SIDE - Score : 7 (HIGH AVERAGE)

### **Details**

You seems pretty often involving in activities that develop or deepen Your belief toward values of religion You uphold. Various methods and medias, You do to support this. Intensify it with a hope You can find or increase Your faith and piety hand in hand with Your beliefs.

Your understanding about You is categorize as pretty good. You realize what's Your strength and Your weakness inside of You. It's better if You're more active in asking feedback from people You trust so You really know exact development steps to handle Your weakness.

You're pretty active doing things that hand in hand with values You believe but maybe the intensity is kind of lacking. Keep up Your commitment and show full consistency with apply it in concrete forms of actions in Your daily life.

## INTELLECTUAL SIDE - Score : 7 (HIGH AVERAGE)

### **Details**

Your openness to information surround You seems pretty adequate. You're also predicted to be able to get and conclude learning points from things that happened to You or people surround You. But You're better to take a deeper meaning, learn to analyze cost and benefit from experiences that ahappened to You or people surround You to prepare Yourself for future.

You're included as someone who willing to spend their time to do activites that enable You to train and escalate brain function so it's estimated Your intelligence potential is sufficiently honed. But if You want to gain more maxiumum result, You're better to increase frequence of that activites and try to find new way or method that may unlock Your hidden potential.

## SOCIAL SIDE - Score : 8 (HIGH)

### **Details**

Your frequence in maintaining relation with Your family and relatives seems pretty often, this is indicate Your closeness with them. But, it'll be better if You spare more time to meet and deepen Your relations not only with Your main family but also with Your big family.

You're pretty often doing social activity, whether directly meet or through other media. Your relation with Your friends estimated as pretty intensive even thou it isn't routine or regularly. It's better to intensify meeting Your friends and deepen the relations.

You shows pretty big concern for people surrounds You who needs Your helping hand and helps with charities You did. You seems to realize that Your strength or weakness don't decrease Your intention to do charity.

## PHYSICAL SIDE - Score : 7 (HIGH AVERAGE)

### **Details**

You seems to be a type of person who's able and/or willing to spare Your time for rest in the midst of

Your busy activity. This is pretty good to maintain Your health, but it's better for You not only rest for once but keep doing it regularly. The point isn't for procrastinating but to balance Your work and study time with time You need to spend for resting Your body and mind.

Your frequency in consuming healthy foods and/or drinks seems pretty often. With this, it's estimated Your nutrition consumption seems pretty balance. Keep this up so consuming balance nutritions can be a positive habit for You. Decrease Your consumption on unhealthy foods and drinks that's lack of benefit for Your body.

You seems to be less active in doing physical activity that able to keep Your body healthy. Spare Your time for light exercise in midst of Your busy activity, like stretching, walking, and many other physical activities that You've possibly done.

---

## ROLE MODELS

### Helen Keller\*

Helen Keller was born with full name of Helen Adams Keller born in Tuscumbia, Alabama, 27th June 1880. Helen Keller was born as healthy and active child. High fever at the age of one year caused her loss of vision and hearing. Since then she fell into a world of darkness and silence. Thus, she has lost the ability to speak and unable to express her feelings.

Keller (Hellen Keller's nickname) continuously tried to speak, however no one understand what she said including her parents. This thing makes her cranky a lot with throwing away all goods around her.

Her parents, especially her mother was very sad to see the suffering of their daughter. Keller's pain and suffering was completely unspoken. No matter how hard she tried she couldn't free herself from her world of darkness.

When she was seven years old, her parents hired a teacher to guide her named Anne Sullivan. This mentor has experienced the same thing with Helen Keller when she was 14 years old. Then Anne attended a school for special needs children. Anne was initially blind but get her sight back after undergoing surgery. That experience prompted her to study hard and become excellent teachers. She could understand the suffering of Keller.

In Keller's house she asked Sullivan to practice with her. Through long and tough process Helen finally spoke. Then Hellen learned French, Germany, Latin, and other language.

Helen then expressed her wish to study at university. Keller then accepted to university she wanted. During the school year Sullivan sit next to her wrote her courses in the palm of Keller's hand. After classes, Keller spent her time typing lesson she got in college with a braille typewriter.

Keller with her persistence finally graduated from university and is the first deaf-mute graduate in the world. Everyone was amazed of her achievement. Keller was very grateful to her teacher, Sullivan. She promised to follow her footsteps to be teachers to educate deaf-blind people like herself. Keller then began speaking and help those who are deaf-blind. Keller transmits her fighting spirit to people in the same boat with her. She traveled around the world for her mission educating deaf and blind people.

Helen Keller died on June 1, 1968 in East, Connecticut. Everyone who has ever read her story would be so inspired by her life. Her story and her work has always been an inspiration for mankind to overcome all obstacles. Life would be very meaningful if only everyone could briefly experience what it's like blind - deaf. Darkness would make them love more their life and silent will make them much more appreciate the sounds and sights around them.

### Family

Although Helen Keller did not have a spouse, but she has Anne Sullivan, her teacher and person who always accompany Keller. For Keller, Sullivan was her family. If there's no Sullivan, then Keller would not be able to be a person who inspires a lot of people around the world.

### Charity

Helen Keller was blind and deaf, but that doesn't make her sunk in grief. In her weakness, Keller can be an inspiration for many people in the world through her books. Besides that Keller is an activist who tries to motivate people who are born in a state less than perfect.

### Friends & Associates

Helen Keller showed her concern to people who were born in conditions that are less fortunate. Keller tries to provide motivation for these people. Besides that Keller also wrote many books inspired many people. As in the social side specifically on Friends & Associates said that as social beings, you could be affected or affect people around you. Hellen Keller has affected people around her through what she had done to the world.

---

(\*) Disclaimer : The role models mentioned to these results are based on publicly available information. These role models by no means should be considered as endorsing this test in anyway. They are not related in the design nor implementation or this Balpil™ Test. Thank you.

---

## GOAL SETTING

### My Strengths

- Social activities in teaching children

### My weaknesses

- To much activities

### Assess yourself

- Spiritual : 7
- Intellectual : 7
- Social : 8
- Physical : 7

### Your ideal life in the next 10 years

All children can read and write

### Short-term Goals (in the next 6 to 12 months)

Teaching children in need

### Mid-term Goals (in the next 1 – 5 years)

Gathering others to teach children in need

### Long-term Goals (in the next >10 years)

Open school for children in need

### My dream

Teaching

### Degree of Importance

Important

### My strength in pursuing that dream

Scheduling every activities

### What are the actions I have to take to reach my goals and dream?

Scheduling every activities

### Who can possibly help me?

Family and friends

### My short-term commitment (in the next 6 -12 months)

| Action                 | When/Deadlines | Where/with whose help |
|------------------------|----------------|-----------------------|
| Teaching poor children | Dec. 1, 2016   | Friends               |

---

### IMPORTANT

Balpil™ Test results is based on your candid answers during the test.

Balpil™ Test has been created by a professional team consisting of psychologists, spiritual and health experts. The materials in Balpil™ Test have been tested on numerous focus groups, with over 5,000 subjects tested before the launch of Balpil™ Test.

The validity of the Balpil™ Test Result will be enhanced by obtaining further tangible tests on your own, such as taking an actual IQ Test and undergoing a thorough Medical Check-Up.